



Parents as Teachers.  
*Affiliate*



## Early Childhood and Family Education Program

(FREE classes for young children to attend with their caregiver)

No classes held on Jefferson County school holidays & weather closures



### Discovery Time Drop-in



September 9<sup>th</sup> - May 11<sup>th</sup>, 2020  
9:30-11:00 am

Come and explore together in our early childhood classroom! This class is designed to fit your busy schedule, dropping in when you can! Caregivers and children under 5 years old will learn, sing and create together!



### Circle of Parents™



Session dates Oct. 1 - Dec. 10, 2019 & Jan. 28 - May 12, 2020 @9:30 - 11:30 am

Register for all dates

This class offers a supportive environment where parents can address challenges, celebrate successes, and share resources with other parents of children under 8 years old. Children will enjoy their own separate time in the classroom with early childhood teachers.



### Parents as Teachers™ (PAT) Family Connections



September 4, 2019 - May 13, 2020  
9:30 - 11:00 am

Come and enjoy some self-care time catching up on hot topics in parenting! Join your children ages 1 - 5 for the first portion of class for exploration and circle time. Then meet in the parent room for separate facilitated discussion time while children enjoy a healthy snack and learning stations with early childhood teachers. This class is open to current PAT families.



### Nurturing Parenting™



15 week sessions begin August 29, 2019 and January 16, 2020 9:30-11:30 am

Register for 1 session

Join others for parenting support! Each week includes a separate parent time facilitated by a trained educator while children ages 1 - 5 attend learning activities in the adjacent early childhood classroom with teachers. This class includes a parent handbook with topics on positive discipline, stress management, child development, family goal setting and much more!